

## Post-Op Instructions Gingival Graft/Emdogain

These instructions are meant to maximize the chances for success of your regenerative graft procedure. If you have questions or complications please contact the office immediately. The bone/surrounding tissues take a full year to regenerate and mature. You will be closely followed at 2 week intervals for plaque control and monitoring during the first 8 weeks.

Do not brush the area for the rest of the day after surgery. It is OK to brush the rest of the teeth. You may very gently begin brushing the teeth in the area the day after surgery trying to avoid the gums around sutures. **It is critical that you wear your guard each and every night for the next year while your surgery area is healing, and if you are feeling more stress or busy you may need to wear it during the day as well on occasion.** For the first two weeks until stitches are removed, you will need to dab the surgery area twice per day with the antibiotic rinse Chlorhexidine very gently using a Q-Tip. You are going to be given an oral antibiotic to begin after the surgery and it is important to finish all of this medication. Use your pain medication as needed and keep in mind that for most people, 400-600 mg of Ibuprofen is more than adequate and does not interfere with daily activities or driving. Please call/email the office immediately with any difficulties or questions. 817-735-4700 [info@mvcdds.com](mailto:info@mvcdds.com)

Pt Sign \_\_\_\_\_

Date \_\_\_\_\_

Staff \_\_\_\_\_